

PSYC S-1760. Why People Change: Psychology of Influence (CRN: 30207)

*Richard N. Wolman PhD, Assistant Clinical Professor of Psychology in the Department of Psychiatry,
Harvard Medical School*

Students examine the changes that occur in thoughts, feelings, and behavior as a result of growth and development within the individual, both normal and abnormal, and the effects of outside intervention. The course will attempt to establish a conceptual framework for understanding the relationship between personal history and personality formation, and it will examine efforts to modify the individual through outside influence, including psychological, physiological, and spiritual dimensions. There will be readings from classical and contemporary sources.